




GEORGIA'S FRIENDS

HOPE HEALS



Providing health, healing & hope
to women in recovery

Annual Report • 2022

GeorgiasFriends.org

A Message from Our Leadership

Dear Friends,

As you will see in our Annual Report, 2022 was a year of success, growth, and change for Georgia's Friends. We look back with gratitude for our large community of supporters, a dedicated staff, and a hard working board of directors.

Our first heartfelt thank you goes to the president of our board, Page Gilliam, whose leadership has advanced our mission. Page has a passion for helping our residents that influences all of our work. She will be greatly missed.

Another thank you for the collaborative work of staff and board members in revising our program and policies at Georgia's House so that we are incorporating current and effective best-practices for peer recovery residences. This has improved residents' average length of stay which we believe impacts their quality of life and strengthens their recovery.

And a large thank you to our donors who make it all possible. Meals, gifts, furniture, gardening... the list goes on and on... in addition to generous financial contributions. It really does take an entire community to support women in their recovery efforts. I am so glad all of you are part of the Georgia's Friends community.

In closing, I will share something one of our alumni said:

"Georgia's House saved my life. After spending time in jail and getting sober, I rebuilt my life with the support and solace provided by Georgia's Friends. I was a resident for 11 months and now I have a job, am enrolled in school, and live independently."

Yours in hope and healing,



Charlotte Chapman
President, Board of Directors



Once more, we'd like to thank Page Gilliam, our retiring board president, whose many years of compassionate support have helped us provide a safe, supportive home where women in recovery can heal and rebuild their lives.



Page Gilliam

BOARD OF DIRECTORS

Executive Team

Charlotte Chapman, LPC
President

Vice President -
Position To Be Filled

Elaine Oakey
Secretary

Lanie Veckman
Treasurer

Karen Turner
Past President

Dorothy Tompkins, MD
Founder & Past President

Board Members

Tom Albro
Ashley Barlow, LPC
Joanne Blakemore
Diane Brownlee
Laura Farrell
Ted Hogshire
Albe Lafave
Annie Sartori
Tim Sims

STAFF

Denise McFadden
Executive Director

Kristina Smith, CPRS
Recovery Program
Manager

Ashley Fowler, CPRS,
QADF
Manager of Operations

IMPACT



- 16** weeks of equine-facilitated recovery
- 40** workshops & Joy Projects
- 50** meals delivered by board members & supporters
- 100** % of residents gained employment, some for the first time
- \$3,500** in education scholarships awarded to residents & alumnae

A resident with therapy horse, Felipe, during an equine-focused recovery session at Galleywinter Farm.

In addition to the other milestones outlined in this report, some other exciting accomplishments included:

- 2,738** safe bed nights provided
- 16** residents served
- 5** month average length of stay
- 89** % increase in average length of stay

- We held our hugely successful, second-annual fundraiser, **Walk A Mile in Their Shoes**. Friends and supporters helped us celebrate our residents and organization with a mile-long hike, a hearty breakfast, education about addiction and recovery, and the testimony of two alumnae.
- The launch of our **Angel Program** and our **New Beginnings Fund** to defray the cost of groceries, toiletries, clothing, and other expenses for new residents. This fund helps residents lay the groundwork for hope, healing, and recovery.
- Residents' participation in the **Shelter for Help in Emergency 5K Walk/Run** to show their support for survivors of domestic violence.
- An upgrade of the **storm windows** at Georgia's House with more-efficient windows, thanks to a grant from the Twentieth Century Merchants Fund at CACF.
- **Waterproofing** of the 130-year-old leaky basement at Georgia's House.
- A new monitored **smoke and carbon-monoxide alarm system** made possible by a generous donation from the Party Parade Fund.
- The addition of **outdoor lighting and cameras** for increased security for our residents.



Georgia's House alumnae share their recovery stories at our second-annual Walk a Mile in Their Shoes fundraiser.

NEW STAFF & BOARD MEMBERS



Laura Farrell - Board Member

A 1988 UVA graduate, Laura has been actively engaged in church leadership roles as a lay eucharistic minister at Christ Episcopal Church in Alexandria, as a Vestry member at Emmanuel Episcopal Church in Greenwood, and as a member of Grace Church in Greenwood. She also headed many volunteer organizations as a parent in her children's schools. Laura describes herself as "deeply engaged in what heals, what connects, and what engenders joy in others".



Ashley Fowler, CPRS, QADF – Manager of Operations

Ashley is a certified peer recovery specialist (CPRS) and integrated-forensic PRS (I-FPRS) who oversees the day-to-day activities that keep Georgia's House and Georgia's Friends running smoothly. She also supports our recovery program manager in providing peer support for residents. Ashley is a compassionate advocate for the women who turn to us for help and is committed to providing a safe and supportive living environment that enables the residents to focus on their recovery journeys.



Albe Lafave - Board Member

A UVA graduate with a degree in psychology, Albe has held clinical roles in psychiatric hospitals and served as a probation and parole officer in Louisa County. In 1998, he joined the Charlottesville-Albemarle Office of the Public Defender as sentencing advocate and served as prisoner advocate with the UVA Institutional Review Board. He also served on the Region Ten board and was a founding board member on the local Therapeutic Document, chairing its advisory committee until his retirement in 2022.



Celebrating Recovery

In the fall of 2022, the residents of Georgia's House, along with members of our Residents Committee, hosted a gathering called Sisters in Sobriety to celebrate National Recovery Month. They were joined by sponsors, family, friends, and inspirational speakers to celebrate the successes of their recovery journeys.

National Recovery Month, which started in 1989, is a national observance held every year to promote and support new evidence-based treatment and recovery practices, the nation's strong and proud recovery community, and the dedication of service providers and communities who make recovery in all its forms possible.

JOY PROJECT UPDATE

The Joy Project was one of our top priorities in 2022. Its goal is to help the residents discover activities that can be a source of comfort, inspiration, healing, or fulfillment in their recovery — and that they might continue to enjoy for years to come.

In 2022, Joy Projects included a studio photo shoot, baby-goat cuddling, a painting class, a pumpkin-carving contest, monthly 12-step yoga classes, a felt-ornament workshop, pumpkin decorating and pumpkin-bread baking, participation in the Shelter for Help in Emergency 5K Walk/Run, an Escape Room outing, and a cupcake decorating workshop! We also sponsored two eight-week sessions of equine-focused recovery.

Thank you to all the staff, board, and community members who have contributed to helping our residents find joy in recovery!



Volunteer Jim Carpenter brought a stylist team for studio portraits at Georgia's Cottage.



Residents enjoying a cupcake-decorating workshop.



Dietitians from UVA Health led a workshop for residents on healthy-eating habits.

Our Mission

Georgia's Friends provides programs and services in the local community to help women suffering from substance use disorders and co-occurring mental health challenges.

Georgia's House, the signature initiative, provides hope and healing through a safe, therapeutic, and structured home for women in recovery.

Our Vision

Georgia's Friends will be a leading resource in the region for women's recovery from drug and alcohol addiction.



EVERY GIFT MATTERS!

“Georgia’s Friends will be known as a model non-profit organization using best practices in the Charlottesville-Albemarle community. Supporters will know that a contribution, whether monetary or as a volunteer, will be used wisely and effectively.” – Georgia's Friends Strategic Plan

Our volunteers gave abundantly to provide our residents a sense of stability, safety, and comfort in 2022. There are so many people who help us every day in supporting the women of Georgia’s House. Below are just some of the people and organizations who helped us accomplish great things in 2022.

- **Susie Morris** for her ongoing support of Georgia’s Friends and women in recovery.
- **The Scott family**, many **generous event sponsors**, the **event committee**, and **everyone who joined us** for our Walk a Mile fundraiser.
- **Members of the local faith community** who support us with donations, Sunday dinners, Christmas gifts, barbecues, photo shoots, and so much more. They open their hearts and minds to our mission and selflessly support our residents. Thanks to Belmont Baptist, Christ Episcopal, Emmanuel Episcopal, First Presbyterian, Grace Episcopal, Grace Evangelical Lutheran, Meadows Presbyterian, MVMNT, Portico, Rockfish Presbyterian, and St. Paul’s Episcopal (Ivy).
- **First Presbyterian Church** for generously offering us their facilities for our board meetings.
- All those who bring dinner for the women on Sundays and holidays, including **Charlotte Dougherty**, members of **Portico Church**, and the **Georgia’s Friends’ board**, with special thanks to board member **Annie Sartori** for organizing board dinners.
- **Marcia Wilds** who provides invaluable administrative support.
- **Biery Davis and Jerome Smialek** of Burnley Restoration for their meticulous work to spec, prep, and install new storm windows at Georgia’s House and for doing much-needed repair work to preserve the historic integrity of our beautiful 1890’s home.
- **All of the individuals, foundations, and funds that gave generously** to Georgia’s Friends throughout the year to support the women we serve. They are all listed at the end of this report.

Thank you to all of our 2022 supporters!

“When addiction upended my life, Georgia’s provided me a safe, nurturing and structured environment to recover after inpatient treatment. I could reintegrate into society without feeling overwhelmed.” An Alumna



FINANCIAL SUPPORT

During 2022, we were honored to receive the extremely generous financial support of the many individuals, foundations, governmental agencies, and organizations that helped sustain our operations and enhance our programs. THANK YOU for making all of our 2022 accomplishments possible!

GEORGIA'S FRIENDS, INC.
STATEMENT OF FINANCIAL POSITION
AS OF DECEMBER 31, 2022

	<u>2022</u>	<u>2021</u>
ASSETS		
Cash	\$ 436,204	\$ 259,461
Fixed assets, net	\$ 1,081,664	\$ 1,073,702
Other assets	\$ 252	\$ 986
TOTAL ASSETS	<u>\$ 1,518,120</u>	<u>\$ 1,334,149</u>
LIABILITIES AND NET ASSETS		
LIABILITIES		
Accounts payable	\$ 1,682	\$ 1,914
Other current liabilities	\$ 2,711	\$ 9,054
Deferred Revenues	\$ -	\$ -
Long-term liabilities	\$ -	\$ -
Total Liabilities	<u>\$ 4,393</u>	<u>\$ 10,968</u>
NET ASSETS		
Without donor restrictions	\$ 1,498,726	\$ 1,287,885
With donor restrictions	\$ 15,000	\$ 35,295
Total net assets	<u>\$ 1,513,726</u>	<u>\$ 1,323,180</u>
TOTAL LIABILITIES AND NET ASSETS	<u>\$ 1,518,119</u>	<u>\$ 1,334,148</u>

REVENUE RESOURCES

Individuals

Individual and Business contributions	\$	316,404
Restricted Individual contributions	\$	15,000
Resident payments	\$	8,416

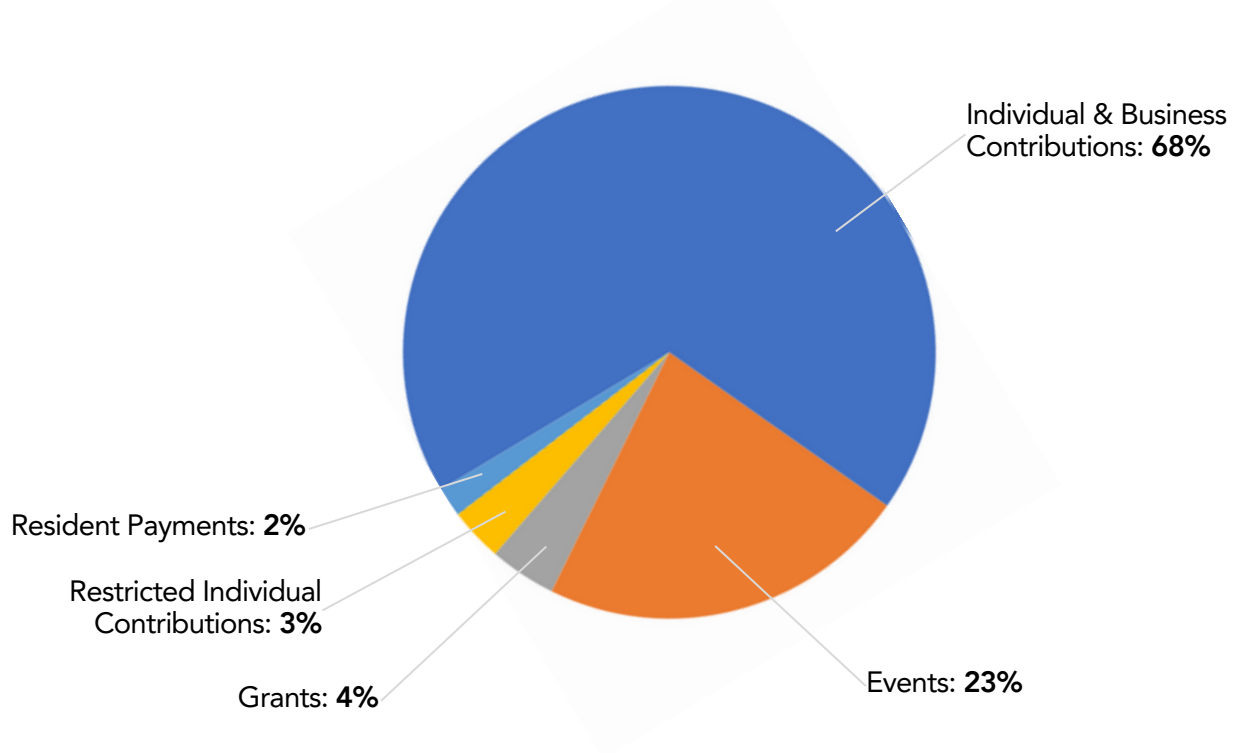
Grants

Local Government	\$	18,770
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<u>Events</u>		104,249
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<u>Other</u>	\$	-
TOTAL	\$	462,839

Georgia's Friends is primarily supported by individuals in the community.



2022 DONORS

Donations received in 2022.

50,000 and Above

Tessa Ader

\$25,000 - \$49,999

Lawler Family Charitable Fund, In Memory of
Christian Spelt

Susie Morris

Drs. Dorothy & William Tompkins

\$10,000 - \$24,999

County of Albemarle

Bama Works Fund of Dave Matthews Band at
the Charlottesville Area Community
Foundation

Joanne & Haywood Blakemore

The Joseph and Robert Cornell Foundation

Madwoman Project Fund at the Charlottesville
Area Community Foundation

Manning Family Foundation

Oakwood Foundation-Charitable Trust

St. Paul's Episcopal Church

Frederic Scott, In Honor of Karen Turner

Twentieth Century Merchants Fund at the
Charlottesville Area Community Foundation

\$5,000 - \$9,999

J&E Berkley Foundation

CMA Borches Fund at the Charlottesville Area
Community Foundation

Emmanuel Episcopal Church

First Presbyterian Church

Page & George Gilliam

Laura & Lee Grimes

Heiner Family Fund at the Charlottesville Area
Community Foundation

Karen Turner

\$2,500 - \$4,999

James J. Griffin Family Foundation

Connie Hendy

Heidi Rex & White Matthews

Quantitative Investment Management Fund at
the Charlottesville Area Community
Foundation

Radar Foundation, In Honor of Lanie Veckman

Annie and Paul Sartori

Deborah & Stephen Smith

Elizabeth & Jay Swett

Westwind Foundation

\$1,000 - \$2,499

Donna & Roger Authers

Jane & William Baer Jr.

Blue Ridge Rotary Foundation Fund

Antoinette & Benjamin Brewster

Diane & Richard Brownlee

Gerri Carr

Suzanne Chitwood

Christ Episcopal Church

Carol Burkhardt Cooper

Dr. Ivan & Roberta Crosby

Sarah & Victor Dandridge

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Grace Episcopal Church

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Huffman Family Fund-Short Term Fund at the
Charlottesville Area Community Foundation

Kelley MacDougall & Mike Pausic

Robert E. McConnell Foundation

Amy McFadden

Alicia & Michael Milligan

Susan & James Neale III

Janet S. Nunn, In Honor of Laura Pettit



Elaine Oakey
Party Parade Fund at the Charlottesville Area
Community Foundation
Rebecca C. Quinn, a Donor Advised Fund of
USAA Giving Fund
Tricia & Robert Ramsey
Red Light Ventures, LLC
Jill & Bryan Ricapito
Sybil Robertson
Nancy Roche
Rockfish Presbyterian Church
Cathy & Jon Scheumann
Sixth Avenue Holdings
The Stultz Foundation
Marsha Trimble
Virginia Association of Recovery Residences
Ruth Wadlington
Caroline Walsh
Alison & Bernard Webb

\$1 - \$999

Susanne & George Abetti
Carolyn & William Achenbach
The Achenbach Fund
Michelle Adams
Anonymous (14)
Mimi Arbeit
Robert Arbeit
Peter Aykens
The Helene S. Baker Living Trust
Mary & Dean Barber
Nina & Dennis Barnes
Kimberlee Barrett-Johnson Ph.D.
Mary & Lucien Bass III
Helen & Gregory Bassett
Mason Baumann
Barbara K. & Dr. Clark Baumbusch
Joan Beacham, In Honor of Arden Pierce
Lilly Bechtel
Lillian & Michael BeVier

Beverly & Julian Bivins Jr., In Honor of David
Rothenberg, WBAI Radio, NYC
Victoria Blackford
Karen & Jimmy Blair
Verna Joy & Sam Boatwright
Joanne Bock
Bocock/Hitz Fund at the Charlottesville Area
Community Foundation
Frances & Andrew Boninti
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Judith & Thomas Boyd Jr., In Honor of Christie
Butterman
Pam & Lucius Bracey
Sarah & Eduard Brau
Bonnie Brewer
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Katharine & Michael Brooks
Suzanne Brooks
Rory Brown
Buford Family Fund - Community Foundation
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Mary Burgert
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Judy Campbell & Michael Henke
Dr. Robert & Theodora Carey
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Nancy & Douglas Caton
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Dolores Chapman
The Charles Fund, Inc.
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Martha & Edward Coates
Jenny Crocker
Ashley Cullopp
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 Goodman
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Meredith Gentine
Mary & Bob Gibson
Janna & David Gies
Nancy Gilman
Tiffany Gloeckner
Julie Convisser & Greg Goering
Nancy Gordon
Grace Evangelical Lutheran Church
Harriett & William Grosh
Jill Guiffre
Heidi Gumble
Susan Hall
Colby Hall
Molly Hardie
Sarah Harris
Bryce & Stuart Harris
James Hart
Pam & Tom Harvey
Elain Heffelfinger
Marsha & Dr. William Herbert
Lisa Hogan & Mark Giles
Carol & David Hogg

Diane & Edward Hogshire
Nancy Horn
Jenna Hummer
Linda Hunt
Janie & Gary Hunter
Carol Hurst & Jon Nafziger
J. Fenton Too
Pam & Jay Jessup
Peggi & Jeff Johnson
Deborah D. Johnson
Lisa O. Jones
Joan & Scott Kammire
Lois & Tom Kelly, In Memory of Jacob Rogers
Caitlin Kelly Daidone
Debra Kirschnick
Mary Klein
Nancy & James Knorr
Tina & Cori Krall
Penny & Richard Krell
Ludwig Kuttner
Susan Lankenau
Nick & Natasha Lawler
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MaMey Design
Courtney Jenner Manning
Michele Mattioli
Susie McConnell
Maureen McCusty DDS
Virginia & Edward McFadden
Nancy McLaren & Phil Nieburg, In Honor of
 Dr. Dorothy Tompkins



Caroline & Stephen McLean
Susan McNeely
MaryLewis Meador
Alice P. Meador Fund at the Charlottesville
Area Community Foundation
Elizabeth Melberg
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Eugene Meyung
Marilyn Millard
Karen Moran & Wistar Morris Family Fund at
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Merrick & Steve Murray
Marsha Musser
Ann & H. Carter Myers, III
JoAnn & Thomas Neale
Willa & James Neale
Network for Good
Val Newcomb
Ann & David Normansell
Amanda Norris Ames
Amy Nunnally
Rozanne Oliver
Daniel O'Neill
Maureen & Kevin O'Shea
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Katherine & Laurence Pettit, In Honor of Diane
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Jacquie & John Pickering, In Honor of Page
Gilliam
Sara Post
Linda Powell
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Ralph Reeves

Linda & Jeffrey Reisner, In Honor of Dr. Dorothy
Tompkins
Jennifer Rinehart
D. Kay & Glen Robinson
Phyllis Ross
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John Stoner
Catherine Teague
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Elsie & W. McIlwaine Thompson
Peter Thompson
Jay Torian
Elizabeth Turner
Ellen & David Turner, In Memory of Joyce
Siebert
Elizabeth E. Valentine
Vicki Warner
Faye & Harold Warner, In Honor of Dr. Dorothy
Tompkins
Bliss Webel
Marcia Wilds & Scott Dalzell
Catherine Williams
Susan Williamson
Ken Wilson
Jennifer & Franklin Winslow
Woodard Properties
Cindy Woodward
Kerin Yates
Zarnick Family Foundation
Judith Zeitler



GEORGIA'S FRIENDS

HOPE HEALS

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